

Behavioral Health & Family Resources



Behavioral Health and Family Resources

*The resources in this directory are for informational purposes only, and this list is **not complete**. All individuals acknowledge that the presentation of this material does not represent advice. It is the sole responsibility of the user to check the accuracy of assumptions or other information contained in this directory.*

Dial 9-8-8, National Suicide Prevention Lifeline: Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

North Texas Behavioral Health Authority:

Kaufman Living Room Program: Crisis Intervention, Linkage to treatment, urgent psychiatric med refills, referrals to community resources, etc. 469-780-9159 108 W. Grove St. Kaufman, TX 75142

Mobile Crisis Outreach Team: 866-260-8000

NAMI – National Alliance on Mental Illness: Provides confidential support. 800-950-6264 OR text “Helpline” to 62640.

NAMIKaufman@gmail.com

<https://namitexas.org/about-nami-texas/nami-affiliates-in-texas/nami-kaufman-county/>

Local contact: Terri Ordahl, 903-340-9915

CRISIS - INPATIENT/OUTPATIENT

Basepoint Academy

Provides outpatient services for

11–28-year-olds. In person or virtual. Mental Health assessments on the same day.

713 W Broad Street Forney, TX 75126 972-325-2633

*Optum, BCBS, UMR, AETNA, Cigna, Beacon, UHC, Magellan

Andrews Center

Mental health, suicidal threats, addictions, etc.

575 West Highway 243 Canton, TX 75103

903-567-4197 Crisis Line: 877-934-2131

www.andrewscenter.com/

Children’s Medical Center of Dallas

1935 Medical District Dr. 5th Floor Dallas, TX 75235

Intake Coordinator: 214-456-8899 www.childrens.com

*Note: Must be referred by primary care physician/psychiatrist **or** through ER.*

Dallas Behavioral Health

Suicidal Threat and drug rehab

800 Kirnwood Dr. Desoto, TX 75115

972-982-0900 www.dallasbehavioral.com/

East Texas Medical Center- Behavioral Health

Mental health, suicidal threat, chemical dependency.

4101 University Blvd. Tyler, TX 75701 903-266-2200

Hickory Trail Hospital

2000 Old Hickory Trail, Desoto, TX 75115

972-298-7323 www.hickorytrail.com

Medical City Green Oaks

Suicide, depression, self-harm, mood disorders, substance abuse, etc. Medical City Green Oaks

7808 Clodus Fields Dr. Dallas, TX 75251

Main Number: (972) 991-9504

UT Tyler

UT Health North Campus Tyler 903-877-5560

11937 U.S. Hwy. 271 Tyler, TX 75708

5-day a week Outpatient Services – *Virtual*
Medicare, Medicaid & most insurance plans

Glen Oaks Hospital – Greenville

301 E. Division Street, Greenville, TX

903-454-6000 Inpatient Psychiatric Hospital

24/7 No-Cost assessments

Texas Health Seay Behavioral Health Hospital

Mental, psychiatric, and behavioral health services

6110 W. Parker Road Plano, TX 75093 682-549-7934

Perimeter Behavioral Hospital of Dallas

Inpatient psychiatric ages 5-17.

2696 West Walnut Street Garland, TX 75042

972-370-5517 www.perimeterhealthcare.com

Millwood Hospital

Psychiatric services, chemical dependency and inpatient
1101 N. Cooper St. Arlington, TX 76011
817-241-3700 www.millwoodhospital.com

Terrell State Hospital

1200 E Brin St, Terrell, TX 75160
972-563-6452
Geriatric, Adult, & Adolescent

ADDICTION - INPATIENT/OUTPATIENT

Resolutions Healthcare – Kaufman, TX

106 W. Grove St. 972-932-2033
Text Line: 903-229-3036
Inpatient, Outpatient, & Partial Hospitalization for
Substance Abuse

Access 2 Recovery

Substance Abuse Counseling & Education
804 E Moore Ave Suite A
Terrell, Tx 75160 972-210-7504

First Step to Recovery – Gun Barrell City, TX

1823 W Main, Gun Barrel City (903)-802-7170
Intensive Outpatient Services for addiction

Hickory Treatment Center at Longview

800-896-9556 OPT 1
texasreferrals@hickoryrecovery.com
Detox, Inpatient Substance Use & Co-occurring Mental
Health Treatment

FreeRehabCenters.org

GENERAL COUNSELING

Child & Family Guidance Centers, Kaufman

Children and adolescents up to 18 years old with
emotional or psychiatric problems. (Sliding Scale)
877-932-4157 www.childrenandfamilies.org
106 S. Jefferson Street Kaufman, TX 75142

Fortitude Counseling-Erica Winn, LPC, LMFT

Adult counseling – virtual only 888-881-5107
erica.fortitudecounseling@gmail.com
Accepts most insurance

Burning Tree Ranch

2837 Co Rd 101, Kaufman, TX 75142
866-888-4990

Phoenix House, Dallas

Inpatient and outpatient addiction services, ages 12-17.
Hill A. Feinberg Teen Academy and Counseling Center
2345 Reagan Street, Dallas, TX 75219
Phone: 214-999-1044
<https://phoenixhousetx.org/>

Nexus Outpatient Center

4525 Lemmon Ave., #201 Dallas, TX 75219
Admissions- 214-321-0156 EXT. 3118
help@nexusrecovery.org

Nexus Recovery Center

Addictions and Recovery
Main Campus: 8733 LaPrada Drive Dallas, TX 75228
214-321-0156 <https://nexusrecovery.org/>

Alcoholics Anonymous

Go to www.aa.org to find a group near you.
214-887-6699 (24 hours)

Straight Forward Counseling

Children, adolescents, and adults. Accepts insurance.
402 South Washington Kaufman, TX 75142
972-932-8898 www.straightforward-counseling.com
*BCBS, Medicaid, Aetna, Cigna, United Health, Tri-care

Felicia Glick, LCSW PLLC (949) 835-5329

Adults, Adolescents, Couples, EMDR, Hypnosis
2801 Millennium Dr Suite E, Kaufman, TX 75142
<https://www.orangespark.coach>
*Aetna,Cigna,United,BCBS,Self-pay

Erin Davis Marriage and Family Therapy PLLC
Couples and Individual Therapy.
27 Oak Creek Dr. Kaufman, TX 325-261-0189

Kaufman County Children's Advocacy Center
Serves children of all ages that are being investigated as victims of either sexual or physical abuse.
972-932-6252 <https://kaufmanccac.org/>

East Texas Neurobehavioral Health, PLLC
Learning disabilities, pain, depression, emotional disturbances, etc. Accepts most insurances.
122 S Gun Barrel Lane, Ste 6 Gun Barrel City, TX 75156
(903) 767-4190 www.etgetwell.com

Family Restoration Counseling
Marriage, child, adolescent, and adult counseling
104 N McGraw St, Forney, TX 75126 469-602-5022
hello@familyrestoration.com

Terri Ordahl, Psy.D., PLLC
201 W. Mulberry St., Kaufman 903-340-9915
Individual and Family Counseling, Equine Assisted Therapy, Chemical Dependency, Psych. Evaluations
Ages 6 and up Insurance: BCBS, United, TriWest

Samantha Goss, MA, LPC, LCDC
Addiction, trauma, play therapy. Ages 8 & up.
1805 W. Main St. #7 Gun Barrel City, TX 75156
903-910-9540 *Private Pay

Casey's Place
Animal Assisted therapy for children & youth
www.caseysplace.org 972-932-5156 Kaufman, TX

Jake E's Riding Round Up
Equine therapy. 972-962-2828
10626 Farm to Market 429, Kaufman, TX 75142

Mend Social Work & Counseling Services
11030 Reeder Lane, Forney, TX 75126
Counseling Services 469-387-6039

Mabank Counseling Solutions
Trauma, anxiety, depression, EMDR, digital & chemical addictions, parenting. Ages 5 & up. Accepts insurance.
101 W. Eubank St. Mabank, TX 75147
903-309-2563 www.mabankcounselingsolutions.com
*United Healthcare, Aetna, BCBS-PPO

Rockwall Counseling and Wellness
Children and up. Depression, anxiety, relationships,
1024 Ridge Rd Rockwall, TX 75087
<https://www.rockwallcounselingandwellness.com>

Erin Williams Counseling
335 West Dallas Street Canton, TX 75103
903-567-8300 ext. 100
www.erinwilliamscounseling.com

Samantha Goss, MA, LPC, LCDC
Addiction, trauma, play therapy. Ages 8 & up.
1805 W. Main St. #7 Gun Barrel City, TX 75156
903-910-9540 *Private Pay

Joanne Radeke, Ph.D., Kaufman
Psychologist, Ages 5 & up. Accepts insurance.
2801 Millennium Dr Ste D Kaufman, TX 75142
972-932-3941 *BCBS-HMO & PPO, Aetna, Medicare, Tri-Care, Humana-PPO Medicare

Green Counseling and Play Therapy Center
Play therapist, autism spectrum, developmental, etc.
children, teens, and adults. Accepts insurance.
20159 TX-274 Kemp, TX 75143
214-564-8449
www.greencounselingandplaytherapy.com

Kristi Zimmerman, LPC-A, LMFT-A, LCDC, NCC
Children, teens, & adults. Trauma, addictions, play & expressive arts, EMDR 1805 West Main Street # 6
Gun Barrel City, TX 75156 (430) 206-3165
krismzimm@gmail.com

Navigate Counseling Solutions
Trauma, anxiety, depression, EMDR, digital & chemical addictions, parenting. Ages 5 & up. Accepts insurance.
1023 S. Trade Days Blvd. Canton, Texas
903-309-2563 www.navigatecounselingsolutions.com
*United Healthcare, Aetna, BCBS-PPO

Therapy on the Square
102 West Grove Street Kaufman, TX 75142
972-503-9244

Megan Young, MSW, LCSW-S 469-730-6650
205 E. Hwy 80 #125, Forney, TX 75126

Premier Mental Health & Wellness

1835 W. Main St., Gun Barrel City, TX 75156 &
335 S. Dallas St., Canton, TX 75103
www.pmh-w.com/pmhw 903-385-3115

PSYCHIATRISTS

Dallas Psychiatric Associates

Provides medication management as well as family and individual counseling services. Accepts insurance.
17736 Preston Road Suite 100 Dallas, TX
972-248-2299 <http://www.dallaspsychiatry.com/>

The Holiner Psychiatric Group

Monday – Thursday 8:00am to 5:00pm
Friday 8:00am to 12:00pm
7777 Forest Lane Building C Suite 833
Dallas, Texas 75230-2501 972-566-4591

Lakewood Group, Rockwall

Psychiatrist & Psychologist 972-771-3969

Dr. Andrew Portteus – Child and Adolescent Psychiatrist

4915 W. Lovers Lane, Dallas, TX 75209
Phone: (214) 550-3367
Email: appointments@drportteus.com

Sabri Skeikha, M.D., Ph.D., P.A., Rockwall

Adult & Child Psychiatry 972-772-3630

MHMR

Lakes Regional MHMR Crisis, Terrell

Mental health services/counseling for children & adults.
Insurance and Sliding Scale
972-524-4159 24hr. Crisis Line 1-866-260-8000

RECOVERY GROUPS

Lighthouse for New Hope, Mesquite

Adult and Children Grief Support Groups
972-226-3110
www.lighthousefornewhope.org

Lake Point Church, Rockwall

Support groups for adults and children, NA, al-anon, celebrate recovery.
972-771-2322 Ext. 250

FAMILY SERVICES

North Texas Behavioral Health Authority

Kaufman County Bridge Program: Crisis Intervention, Linkage to treatment, urgent psychiatric med refills, referrals to community resources, etc. 469-780-9159
108 W. Grove St. Kaufman, TX 75142
Mobile Crisis Outreach Team: 866-260-8000

The Center

Provides food to those in need and benefit resources.
400 S. Terrell HWY 972-932-8866
<http://thecenterkaufman.org>

Serenity Corner – Terrell

Day Center, Food, Homeless
212 S Rockwall Ave.
Terrell, TX 75160 469-382-2197

Help Me Grow - Serving Kaufman County

Free Development screening for every child age 0 to 6
Provide baby necessities, counseling and support groups, help with homelessness, etc. 844-689-5437
www.HelpMeGrowNorthTexas.org

Selah Creek

Residential Program for Pregnant Women
PO Box 877 Terrell, Tx 75160
469-310-9996
info@selahcreek.org

Texas Youth Runaway Hotline

Assistance for runaways/troubled youth; confidential message relay service between runaways & families.
Call: 1-800-989-6884 Text: 512-872-5777
Chat online at: www.texasyouth.org

American Red Cross, Terrell

Assist victims of a house fire, flood, or a tornado. Offer CPR/First Aid classes. 972-563-1030

Salvation Army, Kaufman

Clothes closet, food closet, help with utilities when funds are available (lights, water, and gas). Open M-F 9 A.M.- 1 P.M. 972-962-1345

Stillwaters Pregnancy Resource Center

Family Violence, Pregnancy, Counseling
2311 S. Washington, Suite A Kaufman, TX 75142
972-932-HELP www.stillwatersps23.com

Texas Abuse/Neglect Hotline

Provides 24-hour immediate, confidential, one-on-one telephone counseling, crisis prevention, and intervention, information, referral and emergency aid.
Kaufman: 972-932-9100
To Report online: www.txabusehotline.org
Statewide Hotline 1-800-252-5400

Kaufman County Juvenile Probation

Provides services to juveniles ages 10 to 17 who are alleged to have engaged in conduct indicating a need for supervision or delinquent conduct.
www.kaufmancounty.net/county-offices/juvenile-probation 972-932-0320

Department of Human Services, Kaufman

Financial services to families w/ dependent children; food stamps & employment services to those meeting AFDC requirements. 972-932-9160

Kaufman Christian Help Center, Kaufman

Angel Food Ministries & Food Pantry
Open Tuesday-Thursday 9 A.M.- 1 P.M.
Call for needed paperwork 972-932-8866

Carevide

2600 Commerce Way, Kaufman 75142
Income-based charge for medical services and assistance with RX cost. 972-750-3177

Family Violence

Celebrate Forever Families

Emergency shelter and residential program for domestic violence survivors and their children.
P.O. Box 216 Kaufman, TX 75142 903-498-1076
www.foreverfamiliesprogram.org
Crisis Hotline: 844-525-0160

Genesis Center, Kaufman

Provides emergency shelter, in-house food & clothing for battered women & their children 24/7. Counseling, aftercare & ex-residents' program.
972-932-4351 www.genesisshelter.org
24 Hour Hotline 214-946-4357

The Family Place, Dallas

For families and victims of incest and child abuse. Shelter, counseling, and transitional housing.
24 Hour Hotline 214-941-1991 www.familyplace.org

STATE/NATIONAL CRISIS HOTLINES

Alcohol & Drug Abuse Help Line	1-800-821-4357
Mobile Crisis Team	1-866-260-8000
Texas Child Abuse Hotline	1-800-252-5400
National Suicide Prevention Lifeline	988
Poison Control	1-800-222-1222
Teen Runaway Hotline	1-800-786-2929
Suicide Crisis Center	1-214-828-1000
National Domestic Violence	1-800-799-7233
Texas Youth Hotline	1-800-989-6884

*If you would like your local mental health practice/non-profit to be a part of this resource list, please contact Jennifer Russell @ 469-376-4512 or email the following:
jennifer.russell@kaufmancounty.net OR
jrussell@ntbha.org